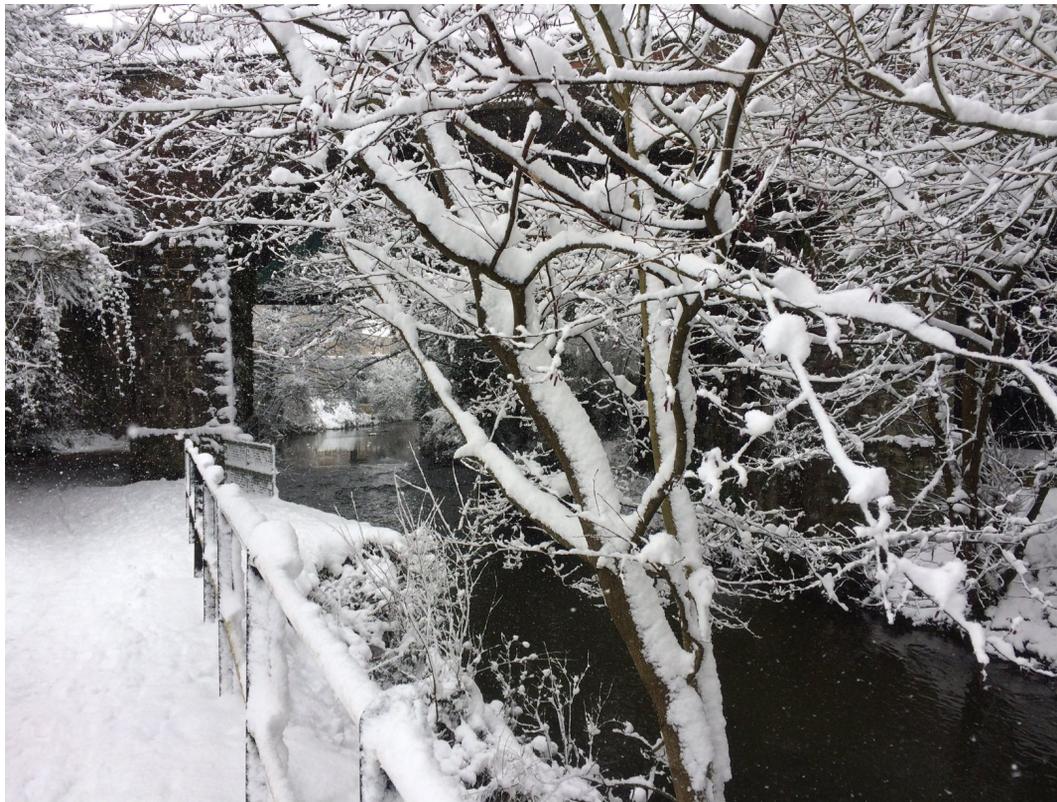




FROGS Newsletter February 2019



Dates for Your Diary

Tuesday 5 February Friends of the River Frome AGM and a talk 'Remembering the River' 7.30pm at

the Canoe Club

Sunday 24 February Seed Swap at the Cheese & Grain

Sunday 17 March Tree planting in Waylands by the cycle track - further details will follow soon.

Sunday 23 June Frome Children's Festival - to be confirmed.

Sunday 14 July As part of the Frome Festival, FORF are organising an event in Rodden Meadow for all the family, celebrating the river and supported by a number of community and environmental groups. FROGS will be there!

FROGS to be ASDA Charity

FROGS will be one of ASDA Frome's chosen charities for April-June 2019

This fantastic news means that we will be in the running for a donation of £500 or £200, according to how many customers vote for us. As we do not have a membership fee FROGS relies entirely on donations and what we can raise by selling walk leaflets, knitted hats, recycled guitar plectrons, and the income from Wildlife Walks.

An ASDA grant would enable us to further enhance the open space at The Other Side for the public to use for picnicking, walking, relaxing, and growing and using the medicinal and culinary herbs.

Please remember to vote for FROGS when you are in ASDA from April onwards - and ask your friends and relations to do so too!

The Other Side

We have been discussing our ideas for new features at The Other Side with Dave, the FTC Ranger. We have had some difficulty in establishing a Wildflower Meadow, largely because the soil is too fertile! We have decided that the best thing to do for the present is to create a wildflower border around the hazel bush at the southern end of the bed, using patches of pre-sown seed, and allow the rest of the bed to revert to grass, plus any wildflowers that have managed to establish themselves.

We want to plant seasonal bulbs in the woodchip mulch along the riverbank, for some spring, summer and autumn colour.

And finally, we will create a bed of dyers' herbs between the Roundhouse and the herbaceous bed. Once these are established, members of the public will be welcome to take what they need for their textile projects.

Watch out for dates for volunteer gardeners! We will be gearing up for spring next month!

Home Herbalists' Year study group

Would you like to explore in depth a different medicinal plant each

month? The Home Herbalists' Year are setting up an additional group, which will meet once a month in a Frome town centre venue to do just that.

Led by Olivia Cliff and Emma Tivey, the group will meet from 9.30am to 12.30pm on the following Tuesdays:

12 February	14 May
12 March	25 June
2 April	16 July

The cost is £60 for 3 sessions, payable in advance, with a further charge of up to £5 per session for materials.

Please contact Nour Yassin on nouruk@icloud.com for further details and to book a place.

Is social media your thing?

FROGS would like to find a supporter who could help us with publicising our events via social media, and also with keeping our website current and vibrant.

If you could spare a little time to help with this, please let us know on enquiries@fromefrogs.org.uk



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